



Serving nine counties of the
Diocese of Kalamazoo:
Allegan, Barry, Berrien, Branch,
Calhoun, Cass, Kalamazoo,
Van Buren, St. Joseph

ARK SHELTER | Located in Kalamazoo | 10-17 years

- 21 days of shelter
- Aftercare services up to 6 months after shelter
- Individual case management, counseling, and family therapy sessions
- Remote assessments available
- 24-hour crisis line: **1-800-873-8336**

OUTREACH | 10-21 years

- Crisis management and case management up to 90 days
- Drop-in events, community education, and presentations
- Families can request remote assessments with staff
- To apply: **269-381-9800**

ARK COTTAGES | Located in Kalamazoo | 18-24 years

- Permanent, subsidized housing
- Youth pay 30% of income as rent or as determined by MSHDA
- Case management as needed to create a housing plan and receive guidance to ensure success
- Contact Gardner Management Group: **1-800-323-7740**

CARING NETWORK | Located in Kalamazoo

- Prolife program serving pregnant and parenting teens, women, and their families
- Material items available (clothing, diapers, books, etc)
- Free pregnancy testing
- Case management, referrals, and education classes
- Evidence based home visiting program for families with children up to 3 years old
- For information or to register for classes: **269-381-1234**

BREAD OF LIFE

- Weekly food distribution, no income restrictions
- Boxes include supplemental foods that change weekly
- To receive food: **269-910-3578**
 - Food request must be in by Friday at 5pm to receive for following week

BRIDGES MENTAL HEALTH COUNSELING

- Counseling REGARDLESS OF INSURANCE, with sliding fee scale
- Individual counseling for children, adults, and families
- Group therapy
- PMAD (perinatal or postpartum mood and anxiety disorder) support groups
- In-person or virtual available
- Confidential assessment and/or appointment scheduling: **269-381-1234**

HOME HEATING ASSISTANCE | January-March annually

- Provides up to \$300 per household
- For information: **269-381-9800**



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IMMIGRATION ASSISTANCE | Located in Kalamazoo

- Petitions for alien relatives and applications for adjustment of status
- Applications for naturalization
- Humanitarian petitions: TPS, U Visa, VAWA
- Residency (green card) and DACA renewals
- New clients/consultations are accepted every Monday 9am-4pm, no appointment needed. Eligible clients will have a family income of 200% or less of the poverty line and live within the boundaries of the Diocese of Kalamazoo
- For information: **269-381-9800 ext. 219**

MIGRANT MINISTRIES

- Serving migrant farmworkers and their families by visiting work camps
- Mass at the camps and invitations to nearby parishes
- Spiritual and recreational activities at the camps
- Confirmations of migrant youth
 - St. Augustine Cathedral, Kalamazoo
- For information: **269-381-9800 ext. 213**

SANCTITY OF THE HUMAN PERSON

- Serving persons with disabilities, their families and caregivers, pastors and parish staff to promote meaningful participation in all aspects of the life of the Church
- Project Rachel - hope and healing for those who have experienced an abortion
- Jail Ministry (spiritual support)
- Liaison for the Diocese of Kalamazoo with Catholic Campaign for Human Development (CCHD) and Catholic Relief Services (CRS)
- For information: **269-381-9800 ext. 227**

CATHOLIC COMMUNITY CENTER | Located in Benton Harbor

- Electric, gas, and water assistance
 - Appointments available Monday through Thursday 9am-12pm
- Free counseling appointments available on Tuesdays
- Food assistance every Thursday 9am-11am
- For information: **269-926-6424**

BARAGA MANOR | Located in Otsego | 62+ or Mobility Impaired

- 48 individual units that includes living/dining area, full size appliances, individual hearing, telephone, and cable TV connections
- Community features: laundry facilities, nature trail, on-site management
- 62+ years or 18+ with physical impairment
- Low income based on HUD requirements
- Satisfactory credit and criminal background
- Contact Gardner Management Group: **1-800-323-7740**